Stop The Itch Cream

Ingredients:

- 2-3 T. Coconut oil
- 2-3 drops of Lavender oil
- 2-3 drops of <u>Tea Tree</u> or <u>Manuka Oil</u> (I recently added this to our stockpile and really like the benefits we -have seen)
- 1 T. honey (optional, you should omit this if you have an allergy to bees)

Directions:

Combine all the ingredients together and apply to bites or rash.

This should begin to work in a minute or two.

The tea tree oil and/or Manuka oil have antibacterial properties that can help to heal the bites as well.

Tea Tree oil and Lavender can also help to repel mosquitos too.